

CHICAGO SINAI CONGREGATION

Shabbat Information

Friday, June 5

Whether you are joining us tonight in-person, or online, we are so happy to celebrate Shabbat together.

Thank our outgoing Board trustees for their leadership and commitment to the mission and vision of Sinai. Welcome to our new Board members. We look forward to a new year filled with community and opportunity.

Heal Us Now - Cantor Leon Sher

*We pray for healing of the body
We pray for healing of the soul
For strength of flesh and mind and spirit
We pray to once again be whole*

*Eil na r'fana la, oh please heal us now
R'fu'at hanefesh, r'fu'at haguf
R'fu'ah sh'leimah
Heal us now*

Saturday, June 6

Torah Study | 9:30 AM | In-Person and Zoom

Led by Rabbi Greene.

Bat Mitzvah Service | 10:30 AM | In-Person

Beginning July 3: PrOneg — Nosh Before Services

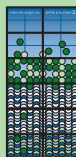
We're moving our Oneg from after services to before! Every Friday, join us from **5:30–6:15 PM** for nosh (eat) and schmooze (talk) before we enter the Sanctuary.

Following services, challah and grape juice will still be available.

Friday, June 26

Pride Shabbat Service | 6:15 PM | In-Person and Livestreamed on our website

Join us for Pride Shabbat as we celebrate the beauty and diversity of our community. During the service, congregants will share personal stories about pride, identity, and what it means to bring their full selves into Jewish life.



Rabbi Amanda Greene, *Senior Rabbi*
Cantor Rosalie Will, *Cantor*
Rabbi Rebecca Benoff, *Assistant Rabbi*
Rabbi Howard A. Berman, *z"l, Rabbi Emeritus*
Dan Laytin, *President*
Jan Kaufman, *Executive Director*

CHICAGO
SINAI
CONGREGATION

Worship • Act • Learn • Engage

Light and Shadow: How Judaism Understands Suffering and Happiness

Tuesday, June 9 | 11:30 AM Lunch | 12 PM Program Begins

In-Person and Zoom

Join two prominent scholars, **Professor James Diamond** from the University of Waterloo and Sinai's very own **Professor Ken Seeskin**, to explore one of life's deepest questions: how suffering and happiness shape the Jewish understanding of the human condition. Drawing on biblical and rabbinic texts, the works of Maimonides, and modern Jewish thought, we will examine how suffering and happiness influence each other and guide our understanding of the meaning of life.

Register Here:



Shake, Rattle, and Roll

Begins Friday, June 12 | 11 AM | In-Person

All families with young children are welcome to join us at Sinai with music educator Sarah Parker to sing, dance, and play together! Designed as an introduction to music for children accompanied by their parents (or caregivers), this interactive class uses songs, simple instruments, and movement to nurture early musical skills and listening.

Register Here:



White Sox Game

Monday, June 22 | 6:40 PM | Rate Field

IT'S TIME FOR BASEBALL! The next Sinai's Guys outing will be a White Sox Game at Rate Field against their divisional rival, the Cleveland Guardians. The game starts at 6:40 PM CST.

We will be purchasing Field Box Seats which go around the foul lines and partially home plate. The ticket price is \$36.

You are welcome to bring guests!

To register, please email **John Daniels** and **Michael Weisman** at sinaisguys@chicagosinai.org.



To learn more about charitable opportunities in support of the congregation, please contact Daniel Rosenstein at drosenstein@chicagosinai.org, or (312) 867-7012.

Our Commitment to Inclusion

Chicago Sinai Congregation is committed to being a House of Prayer for All People. Our congregation reflects the rich tapestry of humanity: people of all ages, people of all races, people of diverse religious backgrounds, individuals possessing a wide range of physical ability and gender identities. We constantly strive to be a welcoming community to all.